<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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</thead>
<tbody>
<tr>
<td>6:00pm</td>
<td>Welcome Reception - Hosted by Dr. Gerard Clancy, President, The University of Tulsa, and the Board of Trustees</td>
<td>Henry Zarrow Center for Art and Education - Downtown Tulsa (124 E. Matthew Brady St.)</td>
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<tr>
<td>8:20am</td>
<td>Welcome &amp; Opening Remarks</td>
<td>Christopher Anderson, Faculty Athletics Representative, Tulsa &amp; Gerard Clancy, President, Tulsa</td>
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<tr>
<td>8:40am</td>
<td>Keynote 1</td>
<td>Jessica Wagner, Assistant Director of Prevention and Health Promotion, NCAA</td>
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<tr>
<td>9:30am</td>
<td>Grant Presentation 1</td>
<td>Lisa Cromer, Associate Professor of Psychology, Tulsa</td>
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<td></td>
<td>Golden Strategies and Techniques for Achievement, Resilience and Transition (Golden START)</td>
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<tr>
<td>10:10am</td>
<td>Break</td>
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<tr>
<td>10:20am</td>
<td>Grant Presentation 2</td>
<td>Lauren Miller, Mental Health Specialist for Athletics, Tulane</td>
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<td></td>
<td>Preparing NCAA Division I Athletes for End-of-Athletic-Career Transition</td>
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<td>11:00am</td>
<td>Grant Presentation 3</td>
<td>Thomas A. Palmer, Assistant Professor, Athletic Training, Cincinnati</td>
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<td>Sport Science Division I Women's Wellness Initiative</td>
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<td>Devin Barlaan, Graduate Assistant, Tulsa</td>
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<td></td>
<td>The SHAPE Program</td>
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<tr>
<td>11:45am</td>
<td>Lunch</td>
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<tr>
<td>1:00pm</td>
<td>Grant Presentation 4</td>
<td>Michael Stellefson, Associate Professor, Health Education and Promotion, ECU &amp;</td>
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<td></td>
<td>Trevor Bopp, Assistant Professor, Tourism, Recreation &amp; Sport Management; Co-Director for the Laboratory for Athlete and Athletics Development and Research, University of Florida</td>
<td>Development and Pilot Testing of Life After Sports Transition (LAST) Online Course for Graduating Collegiate Athletes</td>
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Friday, March 29 (cont.)

1:40pm  **Student-Athlete Panel 1**

2:40pm  **Athletic Director’s Presentation: Moderator Derrick Gragg**  
         Akayleb Evans, Student-Athlete, Tulsa  
         The Importance of Student-Athlete Community Activism: The Power of Being More Than an Athlete

3:10pm  **Break**

3:20pm  **Grant Presentation 5**  
        Todd Fraley, Director of the EC Scholars Program, ECU  
        Tackling Difficult Conversations: Improving the AAC Experience with Crucial Dialog  
        Lorton Performance Center*

4:10pm  **Former Student-Athlete Panel**  
        Gussman Auditorium, Lorton Performance Center*

5:20pm  **Reception**  
        The Ann and Jack Graves Grand Hall, Lorton Performance Center*

Saturday, March 30

8:10am  **Keynote 2**  
        Gerard Clancy, President, Tulsa  
        The Neuroscience of Depression and Suicide

9:00am  **Student-Athlete Panel 2**

10:00am  **President’s Presentations**  
          Laura Wilson, Assistant Professor of Speech-Language Pathology, Tulsa &  
          Rachel Hildebrand, Director of Athletic Training, Tulsa  
          Use of Wearable Technologies for Concussion Monitoring in Football

10:40am  **Break**

10:50am  **President’s Presentations**  
          Eric Wickel, Department Chair, Kinesiology and Rehabilitation Sciences, Tulsa  
          The Benefit of Exercise on Brain Performance  
          Sahib Khalsa, Director of Clinical Studies, Laureate Institute for Brain Research  
          The Neuroscience of Eating Disorders and the Impact of Float Sessions to Improve Symptoms
Grant Presentation 6
Davis Hale, Assistant Professor of Athletic Training, Tulsa & 
Portia Resnick, Clinical Assistant Professor of Athletic Training, Tulsa
Using Wearable Tracking Devices to Examine the Exercise and Recovery Habits in NCAA Division I Football Players During Pre- and In-Season Using Heart Rate Variability, Strain and Sleep

Lunch & Keynote 3
Kevin Grawer, Principal, Maplewood Richmond Heights School District; St. Louis, MO
From Student-Athlete to High School Principal: Preparation for the Real World
Donald W. Reynolds Center*

Concluding Remarks
Christopher Anderson, Faculty Athletics Representative, Tulsa & Gerard Clancy, President, Tulsa

*All presentations on Friday will take place in the ONEOK Club at H.A. Chapman Stadium unless otherwise noted.

*All presentations on Saturday will take place in Tyrrell Hall unless otherwise noted.